South Chicago YMCA - Gymnasium Schedule
April 10, 2017 - June 4, 2017

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00	CLOSED Sunday	Open Gym 5:30am-9:30am	Open Gym 5:30am-10:30am	Open Gym 5:30am-10:30am	Open Gym 5:30am-10:30am	Open Gym 5:30am-10:30am	
6:30							
7:00							Open Gym 7:00am-4:50pm
7:30							
8:00							
8:30							
9:00							
9:30		Zumba Gold 9:30am-10:30am					
10:00							
10:30	Members under the age 11 must be accompanied by a parent/guardian or responsible family member 18 yrs or older unless in a supervised class or program	Y Preshool 10:30am-11:30am	Y Preshool 10:30am-11:30am	Y Preshool 10:30am-11:30am	Y Preshool 10:30am-11:30am	Y Preshool 10:30am-11:30am	
11:00							
11:30							
12:00		Open Gym 11:30am-4:30pm	Open Gym 11:30am-5:00pm	Open Gym 11:30am-5:00pm	Open Gym 11:30am-5:00pm	Open Gym 11:30am-5:00pm	
12:30							
1:00							
1:30							
2:00							
2:30							
3:00	NO FOOD OR DRINKS ALLOWED ONLY WATER or SPORTS DRINKS						
3:30							
4:00							
4:30		*School Age 4:30pm-5:30pm*					
5:00							
5:30			School Age 5:00pm-6:00pm	School Age 5:00pm-6:00pm	School Age 5:00pm-6:00pm	School Age 5:00pm-6:00pm	
6:00	We are not responsible for lost or stolen items	Core Strength 5:30- 6:25pm					
6:30		Open Gym 6:30pm-8:50pm	Total Body 6:05pm-7:00pm	Open	Total Body 6:05pm-7:00pm	Open Gym 6:00pm-8:50pm	
7:00				Karate 6:30pm-8:00pm			
7:30			Open Gym 7:15pm-8:50pm		Open Gym 7:15pm-8:50pm		
8:00				Open Gym 8:00pm-8:50pm			
8:30							
9:00		*CLOSED*	*CLOSED*	*CLOSED*	*CLOSED*	CLOSED	CLOSED

South Chicago YMCA reserves the right to close any gym area for rentals or special events.
This schedule is subject to change without notice.