

FOGLIA YMCA GYMNASIUM SCHEDULE

COURT 1 (August 29-October 22)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00			Adult (18 & Up)		Adult (18 & Up)		
5:30			Pick-Up		Pick-Up		
6:00			Basketball		Basketball		
6:30			5:00-7:00 AM		5:00-7:00 AM		Adult (18 & Up)
7:00							Pick-Up
7:30							Basketball
8:00							6:45-8:45 AM
8:30							
9:00							
9:30							
10:00	Adult (18 & Up)						
10:30	Pick-Up						
11:00	Full Court						
11:30	Volleyball						
12:00	10am-1pm						
12:30	Volleyball						
1:00	Open Gym				Turf & Surf		
1:30	Pending				1:00-2:00 PM		
2:00	Birthday						
2:30	Parties						
3:00	Travel Games						
3:30	or						
4:00	Rentals	Teen Room	Preschool Soccer	Teen Room	Teen Room	Teen Room	
4:30	Open Gym	Gym Time	4:15-4:45 PM	Gym Time	Gym Time	Gym Time	
5:00	Pending		Soccer Level 1				
5:30	Events		5:00-5:45 PM				
6:00							
6:30							
7:00							
7:30							
8:00		Adult (18 & Up)		Adult (18 & Up)			
8:30		Pick-Up (Full Court)		Pick-Up (Full Court)			
9:00		Volleyball		Volleyball			
9:30		8:00-9:55 PM		8:00-9:55 PM			

*****SCHEDULE SUBJECT TO CHANGE*****

Revised 8/24

Children under the age of 11 must be accompanied by an adult/guardian.

FOGLIA YMCA GYMNASIUM SCHEDULE

COURT 2 (August 29-October 22)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00			Adult (18 & Up)		Adult (18 & Up)		
5:30			Pick-Up		Pick-Up		
6:00			Basketball		Basketball		
6:30			5:00-7:00 AM		5:00-7:00 AM		Adult (18 & Up)
7:00							Pick-Up
7:30							Basketball
8:00							6:45-8:45 AM
8:30							
9:00							
9:30		Sports Tots	Tiny Tumblers		Tiny Tumblers		
10:00	Adult (18 & Up)						
10:30	Pick-Up						
11:00	Full Court		Fun Zone		Fun Zone		
11:30	Volleyball		11:15-12:00 PM		11:15-12:00 PM		
12:00	10am-1pm	Athletes In Motion					
12:30	Volleyball	12:00-12:45 PM					
1:00	Open Gym						
1:30	Pending						
2:00	Birthday						
2:30	Parties						
3:00	Travel Games						
3:30	or						
4:00	Rentals	Tiny Tumblers		Preschool Sports	Preschool Basketball		
4:30	Open Gym	4:15-4:45 PM		4:15-4:45 PM	4:15-4:45 PM		
5:00	Pending	Basketball Level 1	Tiny Tumblers		Basketball Level 1		
5:30	Events	5:00-5:45 PM	5:00-5:30 PM		5:00-5:45 PM		
6:00		Basketball Level 2	Preschool Tumbling	Tennis	Basketball Level 2		
6:30		6:00-6:45 PM	6:00-6:45 PM	6:00-6:45 PM	6:00-6:45 PM		
7:00		Basketball Level 3		Volleyball	Basketball Level 3		
7:30		7:00-7:45 PM		7:00-7:45 PM	7:00-7:45 PM		
8:00		Adult (18 & Up)		Adult (18 & Up)			
8:30		Pick-Up (Full Court)		Pick-Up (Full Court)			
9:00		Volleyball		Volleyball			
9:30		8:00-9:55 PM		8:00-9:55 PM			

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Revised 8/24

COURT 3 (August 29-October 22)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00							
5:30							
6:00							
6:30							Adult (18 & Up)
7:00							Pick-Up
7:30							Basketball
8:00							6:45-8:45 AM
8:30							
9:00							
9:30							
10:00				Open Pickle Ball		Open Pickle Ball	
10:30				10:15am-12:15pm	Kindergarten	10:15am-12:15pm	
11:00				Open Pickle Ball	PE Gym Time	Open Pickle Ball	
11:30				10:15am-12:15pm		10:15am-12:15pm	
12:00				Kinder Klimb			
12:30				12:00-12:45 PM			
1:00							
1:30							
2:00					Kindergarten		
2:30					PE Gym Time		
3:00							
3:30							Open Gym
4:00	Adult (16 & Up)						Unless
4:30	Pick-Up		Kinder Klimb				Reserved
5:00	Badminton		4:30-5:15 PM		Kinder Klimb		For
5:30	3:45-5:45 PM		Rock Climbing		5:00-5:45 PM		Parties
6:00			5:30-6:15 PM				or
6:30							Rentals
7:00							
7:30							
8:00			Adult (18 & Up)		Adult (18 & Up)		
8:30			Pick-Up		Badminton		
9:00			Basketball		8-9:50 PM		
9:30			8:00-9:55 PM		Pickup Badminton		

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COURT 4 (August 29-October 22)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00							
5:30							
6:00							
6:30			TRX		TRX		
7:00			6:30-7:30 AM		6:45-7:45 AM		
7:30							Pick-Up
8:00							Basketball
8:30							6:45-8:45 AM
9:00	TRX	Group Training	TRX	TRX		TRX	
9:30	9:30-10 AM	9-9:30 AM	9:15-10:15 AM	9:00-10:00 AM		8:45-9:45 AM	
10:00				Open Pickle Ball	TRX	Open Pickle Ball	
10:30				10:15am-12:15pm	10:00-11:00 AM	10:15am-12:15pm	
11:00				Open Pickle Ball	Kindergarten	Open Pickle Ball	
11:30				10:15am-12:15pm	PE Gym Time	10:15am-12:15pm	
12:00							
12:30							
1:00							
1:30							
2:00					Kindergarten		
2:30					PE Gym Time		
3:00							
3:30							Open Gym
4:00	Adult (16 & Up)						Unless
4:30	Pick-Up						Reserved
5:00	Badminton						For
5:30	3:45-5:45 PM						Parties
6:00		TRX		TRX			or
6:30		6:15-6:45 PM		6:00-7:00 PM			Rentals
7:00							
7:30							
8:00			Adult (18 & Up)		Adult (18 & Up)		
8:30			Pick-Up		Badminton		
9:00			Basketball		8-9:50 PM		
9:30			8:00-9:55 PM		Pickup Badminton		

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Foglia YMCA 1025 Old McHenry Road
 Lake Zurich, IL 60047 847-438-5300

Revised 8/24

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Full Court Volleyball	TRX Classes
Full Court Basketball	Parties
Youth Sport Leagues	Pickle Ball
Youth Sports Program	Badminton

Children under the age of 11 must be accompanied by an adult/guardian.