

# FOGLIA YMCA GYMNASIUM SCHEDULE

## COURT 1 (September 5-October 29)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00			Adult (18 & Up)		Adult (18 & Up)		
5:30			Pick-Up		Pick-Up		
6:00			Basketball		Basketball		
6:30			5:00-7:00 AM		5:00-7:00 AM		Adult (18 & Up)
7:00							Pick-Up
7:30							Basketball
8:00							6:30-9:00 AM
8:30							
9:00							
9:30							
10:00	Adult (18 & Up)						
10:30	Pick-Up						
11:00	Full Court	Preschool	Preschool	Preschool	Preschool	Preschool	
11:30	Volleyball	Gym Time	Gym Time	Gym Time	Gym Time	Gym Time	
12:00	10am-1pm						
12:30	Volleyball						
1:00	Open Gym						
1:30	Pending						
2:00	Birthday						
2:30	Parties						
3:00	Travel Games						
3:30	or						
4:00	Rentals				Preschool Bball		
4:30	Open Gym				4:15-4:45 PM		
5:00			Soccer		Basketball Level 1		
5:30			5:00-5:45 PM		5:00-5:45 PM		
6:00			Dodgeball		Basketball Level 2		
6:30			6:00-6:45 PM		6:00-6:45 PM		
7:00					Basketball Level 3		
7:30					7:00-7:45 PM		
8:00		Adult (18 & Up)		Adult (18 & Up)			
8:30		Pick-Up (Full Court)		Pick-Up (Full Court)			
9:00		Volleyball		Volleyball			
9:30		8:00-9:55 PM		8:00-9:55 PM			

\*\*\*\*\*SCHEDULE SUBJECT TO CHANGE\*\*\*\*\*

Revised 9/6

Children under the age of 11 must be accompanied by an adult/guardian.

# FOGLIA YMCA GYMNASIUM SCHEDULE

## COURT 2 (September 5-October 29)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00			Adult (18 & Up)		Adult (18 & Up)		
5:30			Pick-Up		Pick-Up		
6:00			Basketball		Basketball		
6:30			5:00-7:00 AM		5:00-7:00 AM		Adult (18 & Up)
7:00							Pick-Up
7:30							Basketball
8:00							6:30-9:00 AM
8:30							
9:00							
9:30				Tiny Tumblers	Let's Get Movin		
10:00	Adult (18 & Up)			9:30-10:15 AM	9:30-10:15 AM		Preschool Sports
10:30	Pick-Up				Movement w/ Music		10:30-11:00 AM
11:00	Full Court				10:30-11:15 AM		
11:30	Volleyball	Preschool T-Ball	Preschool B-Ball				
12:00	10am-1pm	11:30-12:15 PM	11:30-12:15 PM				
12:30	Volleyball						
1:00	Open Gym						
1:30	Pending						
2:00	Birthday						
2:30	Parties						
3:00	Travel Games						
3:30	or						
4:00	Rentals				Preschool T-Ball		
4:30	Open Gym				4:15-4:45 PM		
5:00		Flag Football		Preschool Tumbling			
5:30		5:15-6:00 PM		5:00-5:45 PM			
6:00				Tennis			
6:30				6:00-6:45 PM			
7:00				Volleyball			
7:30				7:00-7:45 PM			
8:00		Adult (18 & Up)		Adult (18 & Up)			
8:30		Pick-Up (Full Court)		Pick-Up (Full Court)			
9:00		Volleyball		Volleyball			
9:30		8:00-9:55 PM		8:00-9:55 PM			

\*\*\*\*\*SCHEDULE SUBJECT TO CHANGE\*\*\*\*\*

Revised 9/6

## COURT 3 (September 5-October 29)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00							
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							
9:30							
10:00		Open Pickle Ball		Open Pickle Ball		Open Pickle Ball	
10:30		10:15am-12:15pm		10:15am-12:15pm		10:15am-12:15pm	
11:00		Open Pickle Ball		Open Pickle Ball		Open Pickle Ball	
11:30		10:15am-12:15pm		10:15am-12:15pm		10:15am-12:15pm	
12:00							Reserved
12:30							For
1:00							Birthday
1:30							Parties
2:00							Reserved
2:30							For
3:00	Adult (16 & Up)	Teen Room	Teen Room	Teen Room	Teen Room	Teen Room	Birthday
3:30	Pick-Up	Gym Time	Gym Time	Gym Time	Gym Time	Gym Time	Parties
4:00	Badminton						Reserved
4:30	2:45-4:45 PM						For
5:00		Basketball Level 1					Birthday
5:30		5:00-5:45 PM	Rock Climbing		Rock Climbing		Parties
6:00		Basketball Level 2	5:45-6:30 PM		5:45-6:30 PM		
6:30		6:00-6:45 PM		Open Climb		Open Climb	
7:00				6:30-8:30 PM		6:30-8:30 PM	
7:30				Open Climb		Open Climb	
8:00			Adult (18 & Up)	6:30-8:30 PM	Adult (18 & Up)	6:30-8:30 PM	
8:30			Pick-Up		Badminton		
9:00			Basketball		8-9:50 PM		
9:30			8:00-9:55 PM		Pickup Badminton		

\*\*\*\*\*SCHEDULE SUBJECT TO CHANGE\*\*\*\*\*

## COURT 4 (September 5-October 29)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00							
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00		TRX	TRX	TRX		TRX	
9:30		9-9:30 AM	9:15-10:15 AM	9:00-10:00 AM		8:45-9:45 AM	
10:00		Open Pickle Ball		Open Pickle Ball	TRX	Open Pickle Ball	
10:30		10:15am-12:15pm		10:15am-12:15pm	10:00-11:00 AM	10:15am-12:15pm	Preschool Sports
11:00		Open Pickle Ball		Open Pickle Ball		Open Pickle Ball	
11:30		10:15am-12:15pm		10:15am-12:15pm		10:15am-12:15pm	
12:00							Reserved
12:30							For
1:00							Birthday
1:30							Parties
2:00							Reserved
2:30							For
3:00	Adult (16 & Up)						Birthday
3:30	Pick-Up						Parties
4:00	Badminton						Reserved
4:30	2:45-4:45 PM						For
5:00							Birthday
5:30							Parties
6:00							
6:30							
7:00							
7:30							
8:00			Adult (18 & Up)		Adult (18 & Up)		
8:30			Pick-Up		Badminton		
9:00			Basketball		8-9:50 PM		
9:30			8:00-9:55 PM		Pickup Badminton		

\*\*\*\*\*SCHEDULE SUBJECT TO CHANGE\*\*\*\*\*

Full Court Volleyball	TRX Classes	Open Climb
Full Court Basketball	Parties	
Youth Sport Leagues	Pickle Ball	
Youth Sports Program	Badminton	

Revised 9/6

Children under the age of 11 must be accompanied by an adult/guardian.

Foglia YMCA 1025 Old McHenry Road  
 Lake Zurich, IL 60047 847-438-5300

Revised 9/6