


Family Pool Schedule

September 5, 2017 - November 1, 2017

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|-----------------|---------------------------|---|---------------------------|---|---------------------------|---|---------------------------|--|---------------------------|
| 7:30-8:30am | Open | 7:30-9:00am | Open | 7:30-8:30am | Open | 7:30-9:00am | Open | 7:30-8:30am | Open |
| 8:30am-9:15am | Y Arthritis Water Fitness | 9:00am-9:45am | Y Arthritis Water Fitness | 8:30am-9:15am | Y Arthritis Water Fitness | 9:00am-9:45am | Y Arthritis Water Fitness | 8:30am-9:15am | Y Arthritis Water Fitness |
| 9:15am-1:10am | Open | 9:45am-10:15am 10:15am-1:10am | 2/3 Open Open | 9:15am-12 noon | Open | 9:45am-12 noon | Open | 9:15am-10:00am | Lessons |
| 11:10am-11:50am | Lessons | 11:10am-11:50am | Lessons | 12:00pm-2:30pm | Lessons | 12:00pm-2:30pm | Lessons | 10:00am-12 noon | Open |
| 11:50am-12:50pm | Open | 11:50am-12:50pm | Open | 2:30pm-3:00pm 3:00pm-3:30pm 3:30pm-4:30pm | Open 2/3 Open Open | 2:30pm-3:00pm 3:00pm-3:30pm 3:30pm-4:30pm | Open 2/3 Open Open | 12:00-12:45pm | Lessons |
| 12:50pm-2:30pm | Lessons | 12:50pm-2:30pm | Lessons | 4:30pm-7:00pm | Lessons | 4:30pm-8:00pm | Lessons/Fitness | 12:45pm-3:00pm 3:00pm-3:30pm 3:30pm-4:30pm | Open 2/3 Open Open |
| 2:30pm-4:30pm | Open | 2:30pm-3:00pm 3:00pm-3:30pm 3:30pm-4:30pm | Open 2/3 Open Open | 7:00pm-8:30pm | Open | 8:00pm-8:30pm | Open | 4:30pm-6:00pm | Lessons |
| 4:30pm-7:00pm | Lessons | 4:30pm-8:00pm | Lessons/Fitness | | | | | 6:00pm-9:00pm | Open |
| 7:00pm-8:30pm | Open | 8:00pm-8:30pm | Open | | | | | | |

The above schedule notes the activities in the pool during weekday hours. Members are always welcome to use the pool during scheduled activities however, please be aware space may be limited due to swim lessons and water fitness.

| CONTACT | SATURDAY | SUNDAY | FAMILY & LAP POOL RULES |
|---|---|--|---|
| Aquatics Director: Aquatics Team Lead: Jill Williams 847-410-5206 Head Swim Team: Coach Darby Brtva 847-410-5234 Member Service Desk 847-359-2400 FAMILY POOL HOURS MONDAY -THURSDAY 7:30am-8:30pm FRIDAY 7:30am-9:00pm SATURDAY 12:00pm-6:30pm SUNDAY 12:00pm-5:30pm | <p style="color: red; font-weight: bold;">* Children under 8 years of age must have an adult in the water within an arm's reach at all times.</p> | <p style="color: red; font-weight: bold;">* Children ages 8-11 MUST have an adult on deck.</p> | <ul style="list-style-type: none"> * Appropriate lined swim suits/trunks MANDATORY. * No flips, spins, backward jumps/dives allowed * No excessive breath holding allowed. * No horseplay, dunking, or throwing of children. * No use of profanity. * No street shoes allowed on deck. * NO food or drink allowed on deck. * Flotation aids must be lifeguard approved. No inflatables allowed.. * Failure to follow rules may result in expulsion. * Non-toilet trained must wear swim diapers and a bathing suit. <p style="text-align: center;">Lifeguards have final discretion in rule enforcement.</p> |
| | <p style="font-weight: bold;">FAMILY POOL CLOSED until 12:00PM (Noon)</p> | <p style="font-weight: bold;">FAMILY POOL CLOSED until 12:00PM (Noon)</p> | |
| | <p style="font-weight: bold;">FAMILY POOL OPEN 12:00pm-6:30pm</p> | <p style="font-weight: bold;">FAMILY POOL OPEN 12:00pm-5:30pm</p> | |
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| | Buehler YMCA 1400 W. Northwest Highway Palatine, IL 60067 | | |